BEAUFORT AREA PARKINSONS SUPPORT GROUP

Rock Steady is more than just an exercise program. It is a community of people with a shared experience and challenge. It fosters a supportive and empowering culture. Everyone in a Rock Steady class is fighting back against their

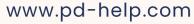
Parkinson's disease.





For more information:

www.rocksteadyboxing.org







Our Mission Statement

In parternship with Beaufort
Memorial LifeFit Wellness Center,
your donation will jumpstart and
help maintain a nationally
recognized excerise program in
Beaufort that is centrally located
and accessible to all while
improving mobility and morale.





Please note Rocksteady in the comments

Thank You